



Dinner

Beginnings

Chicken, cucumber, mango & avocado salad, brown rice, rice paper roll, tamarind soy 7

Sweet corn chowder, smoked salmon, pineapple corn bread 9

Teriyaki barbecue beef, nori slider, ginger mango slaw 8

Summer creamless lobster bisque, crab pot sticker 8

Crispy calamari, Parmesan, tomatoes, banana pepper pickles, popcorn, basil & olive oil drizzle
9

THE OTHER WHITE MEAT & CHIPS: slow roasted pork, plantain chips, pico de gallo, whipped avocado, vegetable pickles 7

Grilled vegetable antipasti, edamame hummus, nori whole wheat flatbread, vegetable pickles
7

Chilled summer gazpacho, vegetable relish, crispy spinach & chips 8

Tuna, tomato, papaya & watermelon unsprung sushi roll, vegetables, mango soy 10

Greens Fruits & Vegetables

Tomato, basil, mint, onion, fresh mozzarella, Parmesan crouton, balsamic vinaigrette 8

Romaine wedge, charred sweet onion & poppy seed vinaigrette, pancetta, tomato, radish & Gorgonzola 9

Summer squashes: carpaccio of summer squash, tomato herb relish, lemon, olive oil crispy spinach 8

Peach & prosciutto, amaretto peach vinaigrette, pecans, Brie, spinach, red onion pickles 7

Panzenella salad: watermelon, tomato, basil, mint, edamame, onion pickles, sherry vinegar & olive oil 7

Baby field greens, berries & melon, almonds, dates, goat cheese, strawberry balsamic & oil 8

Bread available upon request

Pasta

Spinach gnocchi, beef & pork meatballs, sun dried tomatoes, mushroom, onion, bacon, pears, spinach & Gorgonzola sauce 18

Pork Bolognese, portabella mushroom, white beans, garlic, saffron pasta sheets, herbed tomato broth 16

Pad Thai: shrimp, scallops, chicken, sautéed vegetables, soba noodle, peanut sauce 18

Smoked chicken & prosciutto carbonara, "Mac & cheese", couscous, creamless broccoli puree, mushroom, onions, edamame, Parmesan 17

"Little ears", orecchiette pasta, chicken meatballs, green beans, basil, tomatoes, Gorgonzola & olive oil 16

Shrimp & scallop tortellini, summer vegetable sauté, brandy lobster reduction 18

Mozzarella stuffed chicken, house made cavatelli, potatoes, white beans, walnuts, sun dried tomatoes, parsley & herb pesto 16

Shrimp sausage, black bean gnocchi, sauté of squash, corn, onion & black bean, gazpacho sauce, sweet corn puree 17

Parmesan Alley

(Accompanied with pasta)

Chicken 12

Veal 17

Eggplant 12

Beef, Chicken, Lamb & Veal

*Blackened spiced Angus beef tenderloin, charred herb potato salad, tomato, onion, cucumber & Gorgonzola salad 23

Bacon wrapped meatloaf, cheddar tater tots, cornmeal crusted onion rings, spinach aglio olio, honey balsamic barbeque 15

Balsamic & rosemary charred New Zealand lamb loin, cauliflower hummus, ci ci bean and brown rice salad, whole wheat flatbread topped with feta, olive & tomato 24

THREE LITTLE PIGS

Daily preparation 20

Parmesan crusted veal medallions, braised summer squashes, tomato herb relish, basil infused olive oil 19

BEEF SIRLOIN DUO

- Charred teriyaki, in the style of battleship sushi, nori, seasoned rice & mango relish
 - Sesame crusted, soba, vegetables, mushroom dashi broth 22

Black bean barbeque chicken, mango relish, saffron rice enchiladas, cilantro tomato vinaigrette 16

Add any half-portion salad with entrée (for an additional 3.50)

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness